

PRAFULTA ANDHERI BRINGS YOU

BOUNCE

A workshop empowering women to navigate life challenges with confidence and sass!



**For all
Women
From
35 to 70
Years!**

**We are always facing challenges!
Do we get bogged down or do we bounce???**

**Physical and hormonal play
Relationships**

**Mid-life audit
Resilience**

**Faculty: Fr. Godfrey D'Sa, Dr. Ruksheda Syeda
Dr. Wilona Annunciation, Ms. Srilatha Srikant**

October 2, 2018 | 10 to 5

Registrations: Serah Mathews @9769298539, 7506308932

Lunch and tea included

₹1200 only Special discount till 25th Sept